

LIFTED MAGAZINE

Contact Writer: Andrew Moreno
Email: andrew@liftedmag.com

FOR IMMEDIATE RELEASE

Contact Editor: Tiffany Simpson
Email: tiffany@liftedmag.com

SABRINA SLOAN: AMERICAN IDOL MAY BE DONE WITH HER, BUT LIFTED MAGAZINE ISN'T

Sabrina Sloan In Her Own Words About Life As An Idol, How She Got Started and Where
She's Headed Next

Houston, TX (PRWEB) May 2, 2007– Former Idol contestant, Sabrina Sloan, sits down with Lifted Magazine's Andrew Moreno to discuss her Idol journey, upcoming plans/events, relationship with fellow Idol contestants, dealing with Idol judges (Randy, Paula and Simon) and gives an open message to her fans.

In this rare interview, Sloan opens up about her past, speaking candidly about spirituality and perseverance. Sloan told us, "I feel very strongly that it was part of God's plan for me to be on the show. In everything I do, I trust He knows why things happen the way they do. I was able to go on the stage feeling confident that I was supposed to be there and share my talent."

An inspiration for aspiring actors and singers, Sabrina also describes how she dealt with the negativity and strong words of American Idol judges. "You have to go in prepared to hear some harsh criticism. At the very best, it's something you can seriously consider working on to improve yourself. At the worst, it's off base and you can respectfully take the criticism and disagree and just continue to do what you do best. I just wanted to come out on that stage each week and show America why I belonged on the show."

Idol fans can also gain a bit more insight about the Idol process/journey. For example, did you know the actual process from the first audition to singing in the Top 24 actually lasts between four and six months?

And read Sloan's words of encouragement for fellow Idol contestant, Sanjaya Malakar: "He's someone who I think genuinely appreciates everything he's experiencing being on American Idol. I don't know if he even knows how FAMOUS he is!"

"We are so thrilled to have the opportunity to feature this interview with Sabrina Sloan," said Tiffany Simpson, editor of Lifted Magazine. "She has so much positive energy and this interview is a wonderful look into her personality. Full of charisma and passion, Sabrina is an inspiration for people from so many different walks of life."

Please visit http://www.liftedmagazine.com/sabrina_sloan_interview_in_her_own_words.html for the full article or view additional articles from Lifted Magazine at www.liftedmagazine.com

Lifted Magazine Inc. was started in April 2005 as a new, independent magazine with positive and Christian undertones. The magazine targets 18-35 year olds and covers topics such as faith, relationships, college & career, entertainment, travel, outdoors, food and more. A free web-based magazine, Lifted Magazine is distributed bi-monthly in a PDF format.

To contact Sabrina Sloan, please email Mona Loring at contact@monaloring.com.

For more information regarding this article, please contact Tiffany Simpson, editor of Lifted Magazine, via email at tiffany@liftedmag.com, or Andrew Moreno, featured entertainment writer, via email at andrew@liftedmag.com.

14781 Memorial Drive, Suite 1747 • Houston, TX 77079

Phone: 800-653-8592 • Fax: 800-653-8592

www.liftedmagazine.com